

FENG SHUI

with **Grandmaster Datuk Dr Yap Cheng Hai and son, Boh Chu**

Q&A

MY daughter's bedroom door is directly opposite the bathroom or toilet door. Is this bad for her? If yes, what can be done to rectify this without changing the position of the door/s? Would it help if my daughter's bedroom door remain closed most of the time? Also, is it bad to sleep in a bed that does not have a solid headboard? I have a bed with a metal frame full of gaping big holes and am thinking of changing my bed. Can you advise on the best bed frames? Yes, a bedroom door directly opposite the toilet door is not so good as the bedroom is perceived to be receiving not-so-good qi from the toilet. You should always close either the bedroom or the toilet door or just install an automatic door closer.

It is not necessary to sleep with a solid bed head. This depends on whether your bed is against a wall or is free standing, If it is free standing, you should change to a solid bed head. If your bed is already against the wall, then it is not necessary.

Since you plan to change to a new bed, get one with a solid bed head in case you want to rearrange your bed. The material of the bed frame is not relevant. That is a personal choice.

I have been told that it is bad to sleep with one's feet facing the bedroom door. Is it true? What if the head is facing the health direction? Is it still a bad position to sleep in?

It is not a problem to sleep with one's feet pointing towards the bedroom door. This worry probably originates from our traditional practice of placing a coffin with the feet of the deceased pointing towards the front door.

However, if you are sleeping in the living room, with your feet pointing towards the main door, then I would advise against it. Otherwise, in your case, having your bed and feet pointing towards the bedroom door and your head facing the health direction is fine. If you are uncomfortable with this, you should close your bedroom door when you sleep, which is what most people do anyway.

I read that we are not supposed to renovate the West (W) sector of the house during the year of the Rooster, which is this year. Does this apply to properties that we have yet to move into?

I bought a house and plan to renovate it. If this is a bad year to renovate the W sector, I will have to wait until next year. Is it alright to renovate the W and southwest (SW) sectors of my house, which is facing SW, next year?

It is true that one is advised not to renovate the W sector of an occupied house during the year of the Rooster. However, in your case, since you have yet to move into your new home, you can renovate it as you like.

I would advise you to complete the renovation of the unoccupied house this year and do not renovate the W sector at all next year.

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If your bed is already against the wall, it is not necessary to have a solid bed head

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